## **Safe Management Measures**



As we educate and remind your child/ward to observe these measures, please ensure that your child brings the required masks, thermometer and hand sanitizer. It is also important for them to do their part to keep personal and shared places clean.

Face masks should be worn by students when they enter the school grounds daily. The school has distributed face shields to every student and it can be worn for short intervals during seated lessons in class or recesses. Teachers will regulate its use on a case-by-case basis.

In view of mask-wearing and hot weather in Singapore, students are allowed to wear half-uniform on days without Physical Education lessons. Girls can wear their PE T-shirt with school skirt while boys wear their PE t-shirt with school uniform pants. We will review this measure on a termly basis.

Please approach the Form or Co-form teacher if your child needs additional support during this period. Together, we can keep our school a safe place for learning for all.

To further safe-guard our school community, we seek your assistance in the following:

- a. If any adult (18 years old and above) household member(s) is unwell with flu-like symptoms, please ensure that he/she gets necessary medical attention as soon as possible. While waiting for the outcome of medical diagnosis, inform the school immediately and keep your child/ward at home. The school will support your child's learning by making arrangements for Home-Based Learning.
- b. Remind your child/ward to exercise good personal hygiene, social responsibility and safe distancing even when he/she is not in school. Where possible, avoid crowded places, gatherings and situations of prolonged mixing that could increase the risk of transmission.

## **Safe Management Measures**

- 1. Daily visual screening and temperature-taking exercises are conducted for students, staff and visitors when they arrive in school
- 2. Students to wash their hands before and after meals, and after wipe-down
- Students carry out wipe-down routine for communal spaces such as classrooms and canteen, and for shared equipment such as PE equipment
- 4. Dispose used masks and soiled tissue papers in designated waste bins
- 5. All individuals are always required to wear a face mask in school
- 6. Individuals should only remove their masks when consuming food and beverages. They should refrain from talking while their mask is removed.
- 7. Students follow a fixed seating arrangement in classrooms and at the canteen for contact tracing and safe distancing
- 8. Suspension of large group and communal activities for students such as assemblies and mass celebrations until further notice
- 9. Staggering of recess and dismissal timings to reduce intermingling

| Levels    | Recess Timings        |
|-----------|-----------------------|
| P1 and P4 | 9.30 a.m. to 10 a.m.  |
| P2 and P5 | 10 a.m. to 10.30 a.m. |
| P3 and P6 | 10.30 a.m. to 11 a.m. |

| Levels    | Mondays, Tuesdays and Thursdays | Wednesdays | Fridays    |
|-----------|---------------------------------|------------|------------|
| P1        | 1.20 p.m.                       | 12.50 p.m. | 12.20 p.m. |
| P2        | 1.25 p.m.                       | 12.55 p.m. | 12.25 p.m. |
| P3 and P4 | 1.30 p.m.                       | 1 p.m.     | 12.30 p.m. |
| P5 and P6 | 1.35 p.m.                       | 1.05 p.m.  | 12.35 p.m. |

- 10. [Updated in Term 3] Progressive resumption of CCAs and school-based after-school programmes. Parents will be informed through Parents Gateway.
- 11. [Updated in Term 3] Pilot supervised play for some classes in Term 3. Unstructured play is suspended for other levels until further notice via Parents Gateway.

## **Guidelines for Hand Sanitizers**

Hand-washing with soap is more effective in eliminating germs than using of hand sanitisers and regular use of sanitisers may dry the skin. Hence, they should be used when hand soap and water are not readily available for hand-washing. Should students develop a skin allergy/rash due to the hand sanitiser, they should stop using it and inform their teachers.

Proper use of hand sanitiser:

- Step 1: Dispense enough to cover all surfaces of both hands (a coin-sized drop on your palm).
- Step 2: Rub your hands together, ensuring both hands are covered with sanitiser, including the area under your fingernails.
- Step 3: Keep going for about 15 20 seconds, or until your hands feel dry.

**Note**: The school has given all students a handheld-size 50ml hand sanitizer and a refill bottle of 500 ml.

Students are encouraged to use them when water and soap are not readily available.

## **Guidelines for Mask Usage**

- All individuals are always required to wear a face mask in school.
- Individuals should only remove their masks when consuming food and beverages. They should refrain from talking while their mask is removed.
- Students are encouraged to wear their issued face shields in the canteen when eating and drinking.

|                          | Face Mask (primary option)   | Face Shield (optional)   |
|--------------------------|--|--|
| When to<br>wear          | All staff and students should wear<br>their personal reusable mask<br>outside their homes, unless<br>involved in strenuous exercise.   | <ul> <li>If a staff or student has underlying conditions that might be aggravated through prolonged usage of the mask, a shield could be used instead.</li> <li>Could be worn during meal times if it does not obstruct eating.</li> </ul> |
| Handling the mask/shield | <ul> <li>The mask should have a good fit and cover the mouth, nose and chin.</li> <li>Handle the mask by holding only the ear loops.</li> <li>Wash your hands before and after wearing/removing the mask.</li> </ul>   | Adjust the frame/band to preferred length  |
| Care                     | <ul> <li>Wash the mask daily and dry in sunlight, if possible.</li> <li>Hand-wash with warm water and soap.</li> <li>Drying the mask under direct sun exposure for over an hour could reduce contamination of some viruses. Alternatively, a dryer or iron could be used.</li> </ul> | <ul> <li>After each use, the face shield should be washed with soap and water.</li> <li>Wipe dry and air the face shield.</li> </ul>   |